

CHARACTER ELEMENT WATER

Linda Apple

Think about Water:

- Reflective, deep, transparent
- Cleansing, refreshing
- Flowing
- Supporting, carries heavy loads
- Flexible
- Seeks lowest place
- Creates energy
- Connects (think streams, creeks, rivers)
- Musical, peaceful & relaxing
- Takes the path of least resistance
- Self-settling
- Easily contaminated
- Floods, strong currents, riptide, cold (hypothermia)
- Erodes
- Rusts

Strengths of people who have a Water-dominant personality:

- Are deep thinkers, meditate, reflect, enjoys alone time
- Good listeners and support others who are hurting
- Able to fit in and conform with any group
- Easy to please
- Can settle themselves, cool and collected
- Connect with other people
- Rather stay in the background
- Can stealthily follow a path to great things
- Finds the easy way
- Compassionate, has many friends
- Seeks peace

Challenges of people who have a Water-dominant personality:

- When in a stressful situation they will either emotionally vaporize away or freeze
- They are reflective and see all points of view. May appear wishy-washy
- Can be stubborn, eroding relationships
- Can fall into retrogression and go backwards, go to a worse state
- Can pick up bad habits of those they spend the most time

The relationship needs of this personality element are:

- Stability and Compassion
- Soften voice tones in communication speaking in a relaxed, slower pace
- Wants policies and procedures written down
- Others to share their feelings

Web: lindaapple.com – Email: linda@lindaapple.com

[Facebook.com/lindacapple](https://www.facebook.com/lindacapple) – [Twitter.com/lindacapple](https://twitter.com/lindacapple) – [Instagram.com/lindacapple](https://www.instagram.com/lindacapple)