

CHARACTER ELEMENT AIR/WIND

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Think about Air/Wind:

- Necessary for life
- Scatters seeds for the earth to produce
- Musical
- Creates energy
- Moves forward
- Is uplifting
- Communicates (rain, fire, carries sound)
- Playful (leaves, kites)
- Touches
- Independent
- Transports
- Expands, (balloons), incorporates & changes the texture (such as cream)
- Surrounds the earth and creates atmosphere
- Is unpredictable
- Can be destructive

Strengths of people who have an Air-dominant personality:

- Be kind, fun and friendly. Love people and getting to know them
- Include others and bring people together, interested in people
- Creates a fun and positive atmosphere
- Are “big idea” people, great motivators
- Great starters
- Be optimistic
- Love change
- Touches you when they talk to you
- Be excellent communicators. Great up-front people

Challenges of people who have an Air-dominant personality:

- Terrible time managers, very scattered & disorganized
- Gets bored easy
- Get too loud when trying to draw attention to themselves
- People pleasers so they volunteer and over commits
- Are forgetful

The relationship needs of this personality element are:

- Attention from others
- Be able to express
- Need fun and excitement
- Interaction with people
- Help to finish what they start
- Need Affirmation

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