# CHARACTER ELEMENT EARTH Linda Apple

#### Think about Earth:

- It is foundational
- It nurtures (food, shelter, minerals, medicines)
- Protects
- Creative
- Diverse (colors, textures)
- Orderly/seasons
- Gives place for life to begin and for when it ends
- Grounded
- Holds treasure
- Spins
- Buries pressure & explodes
- Has faults that slide over each other causing earthquakes and tsunamis.

## Strengths of people who have an earth-dominant personality:

- Grounded, practical, disciplined, and focused
- Likes instruction, rules, routine, and results
- Organized
- Are perfectionists
- Are very creative
- Are finishers.
- Are very supportive and nurturing
- They have a select few intimate friends but are extremely loyal them and protective of their family
- They are not fond of chit chat
- Very connected to the earth

#### Challenges of people who have an Earth-dominate personality:

- Seems absent minded because their mind is spinning
- Can overly be introspective
- Will blow up at what seems to be a small thing because they have buried offenses.
- It takes a while for them to trust you.

## The relationship needs of this personality element are:

- Accuracy and structure
- Schedules and rules
- To analyze...everything...
- Give them specifics—facts, figures, data
- Look for ways to minimize risks, they are not risk-takers.