

PERSONALITY TRAITS REFERENCE SHEET

Linda Apple

FIRE PERSONALITY TRAITS

Strengths:

Outgoing, motivated, enthusiastic confident, impulsive inspirational, natural performers, leaders, risk takers, focused, charismatic, quick thinkers, goal oriented, decisive, courageous, ambitious, influential, powerful, delegators, love a challenge, warm, hospitable, practical.

Challenges:

Aggressive, vengeful, dominating, stubborn, impatient, proud, never wrong, rude, blunt, obsessive, dominating, self-involved, manipulative, uses people for selfish purposes, given to anger, intolerant, proud, demanding, selfish, sarcastic.

EARTH PERSONALITY TRAITS

Strengths:

Detailed, creative, intellectual, logical, conscientious, practical, disciplined, focused, organized, perfectionist, unwavering loyal, supportive, nurturing, stable, dedicated, hardworking, detailed, deep thinkers & feelers, analytical, purposeful, compassionate, economical

Challenges:

Moody, critical, anti-social, judgmental, pessimistic, suspicious, negative, easily depressed, perfectionist (yes, can be good or bad) indifferent, stubborn, inflexible, cynical, obsessive, overly introspective, fearful, slow, spiteful.

AIR PERSONALITY TRAITS

Strengths:

Outgoing, friendly, sociable, kind, cheerful, generous, optimistic, communicators, spontaneous, flexible, expressive, big-idea people, helpful, empathetic, peaceful, gentle, curious, convincing, playful, talkative, storytellers, enthusiastic, touches people when speaking to them, forgiving.

Challenges:

Unorganized, messy, scattered, forgetful, impulsive, talks too much, don't finish what they start, easily distracted, superficial, irresponsible, immature, over-indulgent, impatient, exaggerates, tries to be the center of attention, loud, argumentative.

WATER PERSONALITY TRAITS

Strengths:

Patient, stable, affectionate, artistic, soothing, understanding, reflective, reliable, deep, conforming, agreeable, calm, contemplative, romantic, gentle, peaceful, compassionate, devoted friend, finds the easy way, humble, connects with people, good listeners.

Challenges:

Timid, gullible, passive, co-dependent, stubborn, lazy, fickle, slow, indecisive, indifferent, shy, unmotivated, procrastinates, insecure, afraid to try new things, passive, doesn't do well with confrontation, dislikes change, easily picks up bad habits of their inner circle of friends.

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